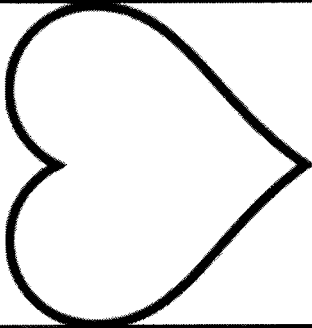
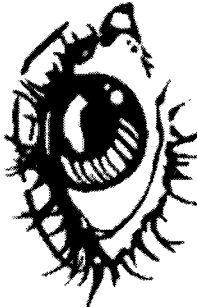
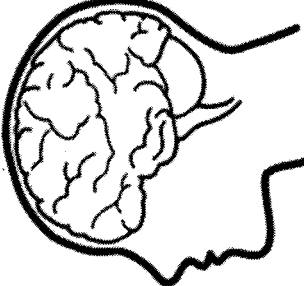

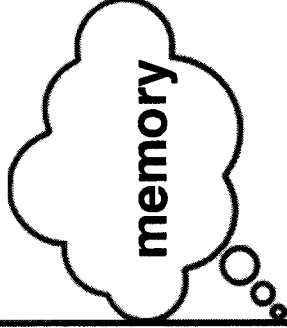


# EAT THE RAINBOW

RED	ORANGE	YELLOW/WHITE	GREEN	BLUE/PURPLE
strawberry tomato beet raspberry cherry red pepper watermelon	orange pumpkin squash carrot sweet potato apricot tangerine	lemon pineapple yellow pepper potato garlic onion cauliflower	broccoli collard greens kale spinach cilantro peas lettuce kiwi	plum blackberry blueberry grapes eggplant purple cabbage purple onion
antioxidants phytochemicals	vitamin A vitamin C	antioxidants phytochemicals	calcium iron	antioxidants phytochemicals
				

**Fruits and  
vegetables  
that are:**

**like:**

**have:**

**that  
help  
protect  
your:**