



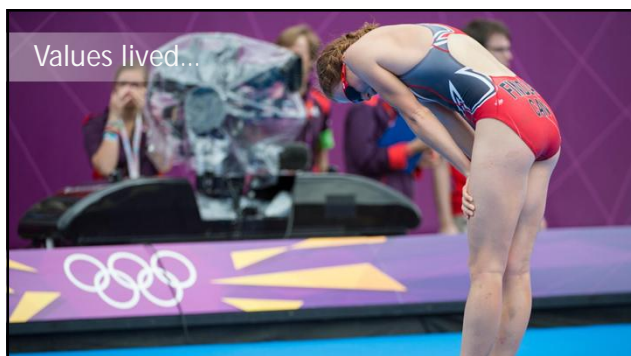








Values Framed...



Values lived...

Three **BIG** choices we always have:

1. What will I focus on?
2. What meaning will I give this?
3. What actions will I take?





Exercising Your Reframe Muscles

Considering one aspect of a project you are involved in that isn't working so well:

- How could this be an opportunity for you?
- What are the benefits of this not working?
- When have you overcome similar challenges in the past?
- What could this be telling you?



